



Swap and Share – Focus on Malvern Families Expression of Interest

The project

Onside has been successful in securing funding from Awards for All to support vulnerable families in Malvern with a particular focus on the Pickersleigh ward. We aim to pilot a new approach to reaching and helping those who are most vulnerable using a timebanking model. The pilot is for one year.

The project aims to work with health professionals including GPs, midwives, and health visitors, who will 'prescribe' engagement in the time bank for vulnerable families. We will then work with the families to identify how we can support them, and encourage wider engagement with the community. The project will build on our existing Timebanking project in Malvern where members from the local community swap skills and time for mutual benefit.

We are seeking an experienced facilitator to deliver the project which has three distinct phases:

Development. This will involve talking to and visiting similar social prescribing projects, as well as developing referral procedures with partners.

Launch and Delivery.

- Planning and developing the project including producing promotional material and organising a launch event
- Engaging with health professionals, children's centre staff etc. to secure referrals
- Organising and promoting a range of activities to actively engage parents and families in leisure, health and wellbeing ie fitness classes, parenting and play sessions
- Encouraging and facilitating mutual support through Timebank membership and swaps

The project aims to reach 25 people/families in one year.

Monitoring and Evaluation As a pilot project we want to evaluate the project throughout, assessing impact on wellbeing, engagement with the community and impact on the wider family. You will be expected to collect relevant data and contribute to the evaluation which will be carried out by an independent consultant.

Why the project is needed

Pickersleigh in Malvern is one of the most deprived areas in Malvern Hills District and Worcestershire County Council, with the highest rate of children and young people. This



combination means that there are many struggling families who would benefit from additional support.

Skills and expertise

We are seeking a skilled and dynamic facilitator with

- Understanding and experience of the Timebanking model, recruiting members and facilitating swaps
- Experience of working with vulnerable families
- Understanding of health and social care systems relating to families
- Ability to develop and co-ordinate projects, maintain accurate records
- Creativity, flexibility and problem solving
- Ability to work independently with minimal supervision
- Ability to work to budgets

Budget

£6,000 for a minimum of 400 hours to be delivered over a 12 month period.

Travel will be paid at 30p per mile

Additional budget for sessional staff with specific skills to provide a range of activities.

Budget available for publicity and promotion, launch event and room hire for activity sessions.

About Onside

Onside works across Worcestershire and Herefordshire supporting local people disadvantaged by disability, mental ill health, learning difficulties and age related issues. A registered charity, we provide a range of support and services to snare people who are vulnerable are free from abuse, neglect discrimination and unfair treatment and that they are able to be genuinely involved and included in their local communities. Our highly trained and skilled team of paid staff and volunteers working as advocates, mentors and peer supporters make a difference to the lives of over 3,000 people per year.

Proposal (*maximum 2 sides of A4*) including how you would approach the work, hours to be delivered and relevant skills and experience to be submitted to Cathy Jackson- Read by:

9am Monday 7 August 2017.

Tel: 01905 27525

Cathy.Jackson-Read@onside-advocacy.org.uk

Do get in touch with Cathy if you would like more information or for an informal chat.